Limiting the mental health impact: Co-ordinated care in the community
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Limiting the mental health impact
MENTAL
MIND

Limiting the mental health impact
Recognising the need
TRAUMA
A deeply distressing or disturbing experience

Limiting the mental health impact

TRAUMA
A deeply distressing or disturbing experience

Physical injury

Limiting the mental health impact
Limiting the mental health impact

Post TRAUMATIC stress disorder
A condition or persistent mental and emotional stress occurring as a result of injury or severe psychological shock,

But remember a trauma is very personal
Limiting the mental health impact

Receiving the diagnosis

Trauma to the body – already been going on
Trauma to the mind – just about to take place

Co-ordinated care in the community

Service issues

- Preparation for hospital discharge – expectations
- Communication between hospital discharge team and the primary care team
- Agreement on who is responsible for the ongoing mental health support for the patient and family members
- Contact with patient and family within an agreed time frame once back home
- Information to patient and family on how to access mental health support
- Link to existing community mental health services
Thank you for listening

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